



ARK-J PROGRAM

AMPLIFICATION, RESISTANCE, & KINETICS OF THE JAW

The ARK-J Program Trismus Intervention Certification Course*
May 3-4, 2019 Course Syllabus
Banner MD Anderson

Course Day One

Time	Speaker	Topic
8:00 am-8:30 am	Megan Nosol, M.S.Ed, M.S., CCC-SLP STEPS for Recovery Clinic	Introduction to Trismus: The Role of the SLP in Trismus Intervention
8:30 am-9:30 am	Brian Kanapkey, M.A., CCC-SLP UNC Hospital ENT Clinic	Trismus s/p Resection
9:30-9:45	Break	
9:45 am-11:00 pm	Megan Nosol, M.S.Ed, M.S., CCC-SLP STEPS for Recovery Clinic	Pathophysiology of HNC-Induced Trismus
11:00 am-12:00 pm	Brian Kanapkey, M.A., CCC-SLP UNC Hospital ENT Clinic	Trismus s/p Brain Injury or Trauma
12:00 pm-1:00 pm	Lunch	
1:00 pm-2:00 pm	Megan Nosol, M.S.Ed, M.S., CCC-SLP STEPS for Recovery Clinic	Trismus Assessment
3:00 pm-4:00 pm	Breakout Session: Measuring Maximal Intercisal Opening (Dentulous and Edentulous)	
4:00 pm-5:00 pm	Meet the Vendors	

Course Day Two

Time	Speaker	Topic
9:00 am-10:00 am	Megan Nosol, M.S.Ed, M.S, CCC-SLP STEPS for Recovery Clinic	Exercise Science and Counseling Strategies in Trismus Intervention
10:00 am-11:15am	Breakout Session 1: Manual Release Techniques for Trismus	
11:15 am -12:15 pm	Brian Kanapkey, M.A., CCC-SLP UNC Hospital ENT Clinic	AROM and PROM with Therapeutic Devices
12:15 pm-1:15 pm	Lunch	
1:15 pm-2:30 pm	Breakout Session 2: Construction of the ARK-J Stretching Device	
2:30 pm-3:15 pm	Breakout Session 3: Skilled Trismus Intervention Case Studies	
3:15 pm-4:15 pm	Written Certification Exam	

*The course syllabus is subject to change.