



ARK-J PROGRAM

AMPLIFICATION, RESISTANCE, & KINETICS OF THE JAW

The ARK-J Program Trismus Intervention Certification Course*
October 22-23, 2016

Course Syllabus

Day One: October 22, 2016

Time	Speaker	Topic
8:00–8:15	Introductions	
8:15 am–9:00 am	Samip Patel, MD <i>Otolaryngologist/Head & Neck Surgeon</i> UNC Hospital	Introduction to Trismus: Definition, Etiologies, and Importance of the SLP as part of the Patient Care Team
9:15 am–10:15 am	Brian Kanapkey, M.A., CCC–SLP <i>UNC Hospital ENT Clinic</i>	Neuroanatomy of Trismus
10:30 am– 10:45 am	<i>Break</i>	
10:45 am–11:45 am	Megan Nosol, M.S.Ed, M.S., CCC–SLP <i>Steps for Recovery Clinic</i>	Pathophysiology of Trismus
11:45 am–12:30 pm	Megan Nosol, M.S.Ed, M.S., CCC–SLP <i>Steps for Recovery Clinic</i>	Trismus in Head and Neck Cancer Patients and the Role of SLP
12:45 pm–1:15 pm	<i>Lunch</i>	
1:15 pm–1:45 pm	Brian Kanapkey, M.A., CCC–SLP <i>UNC Hospital ENT Clinic</i>	Trismus in Maxillofacial Trauma Patients and the Role of SLP
2:00 pm–3:00 pm	Shaun Matthews, MD <i>Oral and Maxillofacial Surgeon</i> UNC Hospital	Guest Speaker: Trismus in Maxillofacial Surgery
3:15 pm–3:30 pm	<i>Break</i>	
3:30 pm–4:30 pm	BREAK-OUT SESSION: Jaw Mobility Devices: Insurance and Acquisition	

Day Two

Time	Speaker	Topic
8:00 am–9:00 am	Valerie Collins, PT, CLT–LANA Sherin Joseph, PT, DPT, CLT <i>Physical Therapists UNC Hospitals</i>	Manual Treatments for HNC–Trismus
9:15 am–10:15 am	Megan Nosol, M.S.Ed, M.S, CCC–SLP <i>Steps for Recovery Clinic</i>	Evaluating Trismus–Related Dysphagia and Dysarthria
10:30 am–10:45 am	<i>Break</i>	
10:45 am–11:45 am	Brian Kanapkey, M.A., CCC–SLP <i>UNC Hospital ENT Clinic</i>	Progressive, Therapeutic Active and Passive Jaw–Stretching Exercises for Effective Mastication and Speech Intelligibility
11:45 am–12:45 pm	BREAK–OUT SESSION: Constructing the ARK–J Stretching Device	
12:45 pm–1:15 pm	<i>Lunch</i>	
1:15 pm–2:00 pm	Megan Nosol, M.S.Ed, M.S., CCC–SLP <i>Steps for Recovery Clinic</i>	Devising Home Treatment Regimens
2:15 pm–3:15 pm	Written Examination	
3:15–4:15 pm	Meet the Vendors (optional)	

*The course syllabus is subject to change.